

Name: _____ Grade: _____
 Date: _____ Sex: _____
 Date of Birth: _____ / _____ / _____ ID: _____
Month Day Year

Here is a list of things that happen to people and that people think or feel. Read each sentence carefully, and circle the one word (Never, Sometimes, Often, or Always) that tells about you best. THERE ARE NO RIGHT OR WRONG ANSWERS.

	0	1	2	3
1. I steal.	Never	Sometimes	Often	Always
2. Other people get me into trouble.	Never	Sometimes	Often	Always
3. I think about running away from home.	Never	Sometimes	Often	Always
4. I do mean things.	Never	Sometimes	Often	Always
5. I break into cars, houses, or other places.	Never	Sometimes	Often	Always
6. I fight with others.	Never	Sometimes	Often	Always
7. I like getting people mad.	Never	Sometimes	Often	Always
8. I skip school.	Never	Sometimes	Often	Always
9. I hate listening to other people.	Never	Sometimes	Often	Always
10. I argue with adults.	Never	Sometimes	Often	Always
11. I hurt people.	Never	Sometimes	Often	Always
12. I like being mean to others.	Never	Sometimes	Often	Always
13. I break the rules.	Never	Sometimes	Often	Always
14. I like it when people are scared of me.	Never	Sometimes	Often	Always
15. I like to hurt animals.	Never	Sometimes	Often	Always
16. I like to bully others.	Never	Sometimes	Often	Always
17. I tell lies.	Never	Sometimes	Often	Always
18. I like to trick people.	Never	Sometimes	Often	Always
19. I break things when I am mad.	Never	Sometimes	Often	Always
20. I swear at adults.	Never	Sometimes	Often	Always

RS

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 1 2 3 4 5 6 7 8 9 10 11 12 A B C D E



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	0	1	2	3
1. I worry someone might hurt me at school.	Never	Sometimes	Often	Always
2. My dreams scare me.	Never	Sometimes	Often	Always
3. I worry when I am at school.	Never	Sometimes	Often	Always
4. I think about scary things.	Never	Sometimes	Often	Always
5. I worry people might tease me.	Never	Sometimes	Often	Always
6. I am afraid that I will make mistakes.	Never	Sometimes	Often	Always
7. I get nervous.	Never	Sometimes	Often	Always
8. I am afraid I might get hurt.	Never	Sometimes	Often	Always
9. I worry I might get bad grades.	Never	Sometimes	Often	Always
10. I worry about the future.	Never	Sometimes	Often	Always
11. My hands shake.	Never	Sometimes	Often	Always
12. I worry I might go crazy.	Never	Sometimes	Often	Always
13. I worry people might get mad at me.	Never	Sometimes	Often	Always
14. I worry I might lose control.	Never	Sometimes	Often	Always
15. I worry.	Never	Sometimes	Often	Always
16. I have problems sleeping.	Never	Sometimes	Often	Always
17. My heart pounds.	Never	Sometimes	Often	Always
18. I get shaky.	Never	Sometimes	Often	Always
19. I am afraid that something bad might happen to me.	Never	Sometimes	Often	Always
20. I am afraid that I might get sick.	Never	Sometimes	Often	Always

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	0	1	2	3
1. I think that my life is bad.	Never	Sometimes	Often	Always
2. I have trouble doing things.	Never	Sometimes	Often	Always
3. I feel that I am a bad person.	Never	Sometimes	Often	Always
4. I wish I were dead.	Never	Sometimes	Often	Always
5. I have trouble sleeping.	Never	Sometimes	Often	Always
6. I feel no one loves me.	Never	Sometimes	Often	Always
7. I think bad things happen because of me.	Never	Sometimes	Often	Always
8. I feel lonely.	Never	Sometimes	Often	Always
9. My stomach hurts.	Never	Sometimes	Often	Always
10. I feel like bad things happen to me.	Never	Sometimes	Often	Always
11. I feel like I am stupid.	Never	Sometimes	Often	Always
12. I feel sorry for myself.	Never	Sometimes	Often	Always
13. I think I do things badly.	Never	Sometimes	Often	Always
14. I feel bad about what I do.	Never	Sometimes	Often	Always
15. I hate myself.	Never	Sometimes	Often	Always
16. I want to be alone.	Never	Sometimes	Often	Always
17. I feel like crying.	Never	Sometimes	Often	Always
18. I feel sad.	Never	Sometimes	Often	Always
19. I feel empty inside.	Never	Sometimes	Often	Always
20. I think my life will be bad.	Never	Sometimes	Often	Always

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	0	1	2	3
1. I think people try to cheat me.	Never	Sometimes	Often	Always
2. I feel like screaming.	Never	Sometimes	Often	Always
3. I think people are unfair to me.	Never	Sometimes	Often	Always
4. I think people try to hurt me.	Never	Sometimes	Often	Always
5. I think my life is unfair.	Never	Sometimes	Often	Always
6. People bully me.	Never	Sometimes	Often	Always
7. People make me mad.	Never	Sometimes	Often	Always
8. I think people bother me.	Never	Sometimes	Often	Always
9. I get mad at other people.	Never	Sometimes	Often	Always
10. When I get mad, I stay mad.	Never	Sometimes	Often	Always
11. When I get mad, I have trouble getting over it.	Never	Sometimes	Often	Always
12. I think people try to control me.	Never	Sometimes	Often	Always
13. I feel people try to put me down.	Never	Sometimes	Often	Always
14. I feel mean.	Never	Sometimes	Often	Always
15. I feel like exploding.	Never	Sometimes	Often	Always
16. I think people are against me.	Never	Sometimes	Often	Always
17. I get angry.	Never	Sometimes	Often	Always
18. When I get mad, I feel mad inside my body.	Never	Sometimes	Often	Always
19. I hate people.	Never	Sometimes	Often	Always
20. I get mad.	Never	Sometimes	Often	Always

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	0	1	2	3
1. I work hard.	Never	Sometimes	Often	Always
2. I feel strong.	Never	Sometimes	Often	Always
3. I like myself.	Never	Sometimes	Often	Always
4. People want to be with me.	Never	Sometimes	Often	Always
5. I am just as good as the other kids.	Never	Sometimes	Often	Always
6. I feel normal.	Never	Sometimes	Often	Always
7. I am a good person.	Never	Sometimes	Often	Always
8. I do things well.	Never	Sometimes	Often	Always
9. I can do things without help.	Never	Sometimes	Often	Always
10. I feel smart.	Never	Sometimes	Often	Always
11. People think I'm good at things.	Never	Sometimes	Often	Always
12. I am kind to others.	Never	Sometimes	Often	Always
13. I feel like a nice person.	Never	Sometimes	Often	Always
14. I am good at telling jokes.	Never	Sometimes	Often	Always
15. I am good at remembering things.	Never	Sometimes	Often	Always
16. I tell the truth.	Never	Sometimes	Often	Always
17. I feel proud of the things I do.	Never	Sometimes	Often	Always
18. I am a good thinker.	Never	Sometimes	Often	Always
19. I like my body.	Never	Sometimes	Often	Always
20. I am happy to be me.	Never	Sometimes	Often	Always

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